

## CASA Mental Health Word Search

K U M L V I H J L Z Y L S R Y C Q H Y W  
D Q H V M D C V Q Y O C S T U D P V P G  
E Q C Y K X P A R F P R E G R O H C K H  
R Q T Q L K N K O Y Z O N X G E L W U N  
B L N Z D X U S L Y I E L P L U S G C W  
N O G E I T X G E N T Y L P B S S S S S  
U Z V E V I T I S O P D E S T U F E H M  
W R T A F S Y X N R K X W A P F V X M O  
E Y L C N S D R U A R P L P Y P M H E T  
H W S A B E A F O R V K O H G L R U D P  
Z W P D F N R P C L I R F H F O D E I M  
S C Z E R L G X H N T Z T A Z U E C T Y  
M S Q M X U I P G W X R N O M I F P A S  
Z P C I R F Q S C W E H Q V D I H E T N  
D O U C Z D D O J A T Y Z V R G L E I Y  
R R O S B N M V T L U U C Z Q G J Y O L  
M T E Y E I Z M A Y G P G I Q K X M N O  
F S I I S M E E L P P X Y W M B K O N V  
Y V R V M N H Q L D U R E K L W G O G D  
V F D L T S Q S N O I S S E R P E D U W

ANXIETY  
WELLNESS  
MEDITATION  
TALKING  
SPORTS  
DEPRESSION  
COUNSELOR

FAMILY  
STRESS  
MOOD  
HEALTH  
CLUBS  
HELP  
MINDFULNESS

TREATMENT  
SUPPORT  
SYMPTOMS  
FRIENDS  
ACADEMICS  
POSITIVE