

MARCH EDITION

1-800-GAMBLER  
HELP FOR PROBLEM GAMBLING



# CASA NEWSLETTER



**QUICK TIPS**

**PROBLEM GAMBLING :  
HOW TO  
ADDRESS  
GAMBLING AND  
IDENTIFY  
WARNING SIGNS**

## About Problem Gambling Awareness Month

Problem Gambling Awareness Month is a nationwide grassroots campaign, held annually in March, that seeks to increase public awareness of problem gambling and promote prevention, treatment, and recovery services.



### PAST EVENTS:



- RTC YOUTH GROUP ENGAGED WITH THE GAMBLING PREVENTION GRANT
- RTC YOUTH GROUP EXPLORING WAYS IN WHICH GAMBLING AFFECTS MENTAL HEALTH

REMINDER

### CASA COALITION SCHEDULE:

MEETINGS HELD EVERY OTHER MONTH AT WOLCOTT PUBLIC LIBRARY. LUNCH IS PROVIDED AND THE SESSION BEGINS AT NOON. ALL MEETINGS ARE OPEN TO THE PUBLIC.

WE WANT YOUR FEEDBACK



PROBLEM GAMBLING AWARENESS MONTH  
→ SEEKING UNDERSTANDING



### FUTURE MEETING DATES:

- MARCH 14, 2025
- MAY 9, 2025

CASA



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HTTPS://WWW.WOLCOTT\_CASA.ORG

# CASA NEWSLETTER UPDATES

## MARCH UPDATES:

March is Problem Gambling Awareness Month is a nationwide grassroots campaign, held annually in March, that seeks to increase public awareness of problem gambling and promote prevention, treatment, and recovery services.

### About 1-800 Gambler:

In June 2022, NCPG partnered with the Council on Compulsive Gambling of New Jersey, Inc. to begin using their 1-800-GAMBLER number as the National Problem Gambling Helpline number. This easy-to-remember number helps reduce barriers to resources for those affected by problem gambling.

**CALL.  
TEXT.  
CHAT ONLINE.  
24/7.**

**1-800-GAMBLER**  
HELP FOR PROBLEM GAMBLING

**NO  
JUDGMENT.  
JUST  
RESOURCES.**



### CONNECTICUT RESOURCES:

PROBLEM HELPLINE CT- CALL: [888-789-7777](tel:888-789-7777)

CONNECTICUT COUNCIL ON PROBLEM GAMBLING  
75 CHARTER OAK AVENUE, STE I-309  
HARTFORD, CT 06106  
959-230-4034  
[WWW.CCPG.ORG](http://WWW.CCPG.ORG)

TAKE THE PROBLEM GAMBLING SELF ASSESSMENT  
BELOW:

[HTTPS://WWW.NCPGAMBLING.ORG/HELP-TREATMENT/PROBLEM-GAMBLING-SELF-ASSESSMENT/](https://www.ncpgambling.org/help-treatment/problem-gambling-self-assessment/)

READ MORE



[HTTPS://WWW.NCPGAMBLING.ORG/HELP-TREATMENT/](https://www.ncpgambling.org/help-treatment/)

*if you or someone  
you know is  
struggling*  
USE THE HELPLINE

**1-800-GAMBLER**  
HELP FOR PROBLEM GAMBLING



Call.

1-800-GAMBLER



Text.

800GAM



Chat.

CHAT ONLINE

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