



May 2025 Newsletter

UPCOMING EVENTS

**COALITION MEETING
SCHEDULE
WOLCOTT LIBRARY, NOON
LUNCH IS PROVIDED**

MAY 9, 2025

**ANXIOUS GENERATION
BOOK DISCUSSION
WOLCOTT LIBRARY
MAY 22ND
6:30-8PM**

**CAR SHOW AND PREVENTION
PARTNERS BLOCK PARTY
WOLCOTT HIGH SCHOOL
JUNE 8TH
10AM-2PM**

May is Mental Health
Awareness Month



NATIONAL PREVENTION weEK

A CELEBRATION OF POSSIBILITY

May 11th-17th

National Prevention Week, held in May, is a national public education platform bringing together communities and organizations to raise awareness about the importance of substance use prevention and positive mental health.



CATCH[®]

MY BREATH

YOUTH E-CIGARETTE PREVENTION PROGRAM

CASA Updates

Dawn and Leigha have been presenting the Catch My Breath program, an evidence-based youth vaping prevention initiative, to 4th grade classrooms. This program is designed to educate young students about the dangers of vaping and has been proven to significantly reduce the likelihood of students starting to vape.

The program includes a variety of engaging activities such as:

- **Interactive Sessions:** Students learn about the health risks of e-cigarette use and the hazardous chemicals involved.
- **Refusal Skills:** Students develop, practice, and demonstrate skills to refuse e-cigarettes and vaping.
- **Marketing Analysis:** Students analyze tobacco marketing tactics to understand how they target youth.

- **Legislation Exploration:** Students investigate state laws addressing the vaping crisis and the purposes behind these laws

Through these activities, students have gained a deeper understanding of the risks associated with vaping.

RTC Happenings

The middle school RTC members engaged in a creative and calming activity by painting mandala rocks and participating in a guided meditation. They thoughtfully created invitations and invited one teacher and one classmate to join the event. This initiative was a wonderful opportunity to foster togetherness and to practice mindfulness.

VISIT OUR [WEBSITE](#)

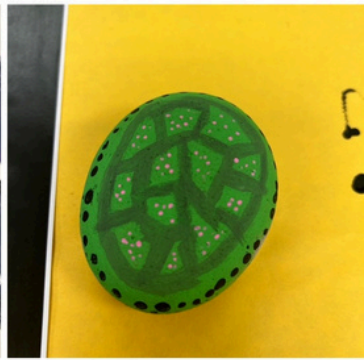
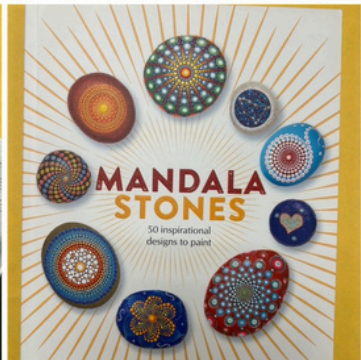
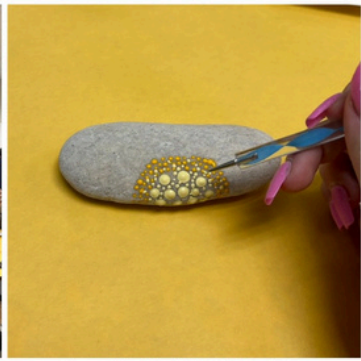
CASA
BUILDING A HEALTHY WOLCOTT



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PRESS RELEASE

WOLCOTT CASA AWARDED YOUTH CANNABIS PREVENTION-CANNABIS COALITION GRANT

Wolcott, CT – April 15, 2025 – Wolcott CASA is proud to announce that it has been selected as a recipient of the Youth Cannabis Prevention-Cannabis Coalition Grant, established to decrease the use of cannabis among children, teens, and young adults in Connecticut.

The grant, provided by the Connecticut Department of Mental Health and Addiction Services (CT DMHAS), is part of a larger statewide initiative aimed at limiting cannabis use among individuals under the age of 21. Wolcott CASA will receive \$57,000 to support its cannabis prevention programs from January 1, 2025, through June 30, 2026.

The Youth Cannabis Prevention-Cannabis Coalition Grant initiative is managed by Western CT Coalition, Region 5's Regional Behavioral Health Action Organization. WCTC provides regional prevention infrastructure to support youth cannabis prevention efforts and promote responsible adult-use cannabis. The collaborative framework ensures that selected coalitions are supported as they implement evidence-based programs and create long-term prevention strategies.

Wolcott CASA is committed to implementing comprehensive youth cannabis prevention programs, including community engagement efforts and educational campaigns aimed at young people, parents, schools, and other key stakeholders. These initiatives are designed to build on proven strategies to reduce youth cannabis use, empower local communities, and facilitate long-term prevention efforts prioritizing the health and well-being of Connecticut's young people.

For more information about Wolcott CASA and its programs, please contact CASA's Project Director, Dawn Cronin, at dcronin@wolcottps.org.



Join us for our "Prevention Block Party" and enjoy the car show! CASA will provide educational resources including local community data and information. We will be joined by substance misuse and recovery partners. These partners all have a stake in creating healthy communities.

Don't miss out on raffle prizes and giveaways!

CAR SHOW

SUNDAY, JUNE 8, 2025

10AM-2PM

**WOLCOTT HIGH SCHOOL
457 BOUNDLINE ROAD
WOLCOTT, CT 06716**



ALL YEARS, IMPORTS & TRUCKS WELCOME!



\$10 CAR ENTRANTS

50/50 RAFFLE

13 TROPHIES WITH PARTICIPANT JUDGING

RAFFLE PRIZES INCLUDE:

RESTAURANT GIFT CARDS, DYNO PULL & MORE

HAVE ANY QUESTIONS OR WEATHER CANCELLATIONS, PLEASE REACH OUT TO TONY AT 860-604-0829



WOLCOTT YOUTH SERVICES
WOLCOTT PUBLIC LIBRARY
& CASA PRESENT

A BOOK DISCUSSION

Engage in an insightful discussion around the book "The Anxious Generation" by Jonathan Haidt.

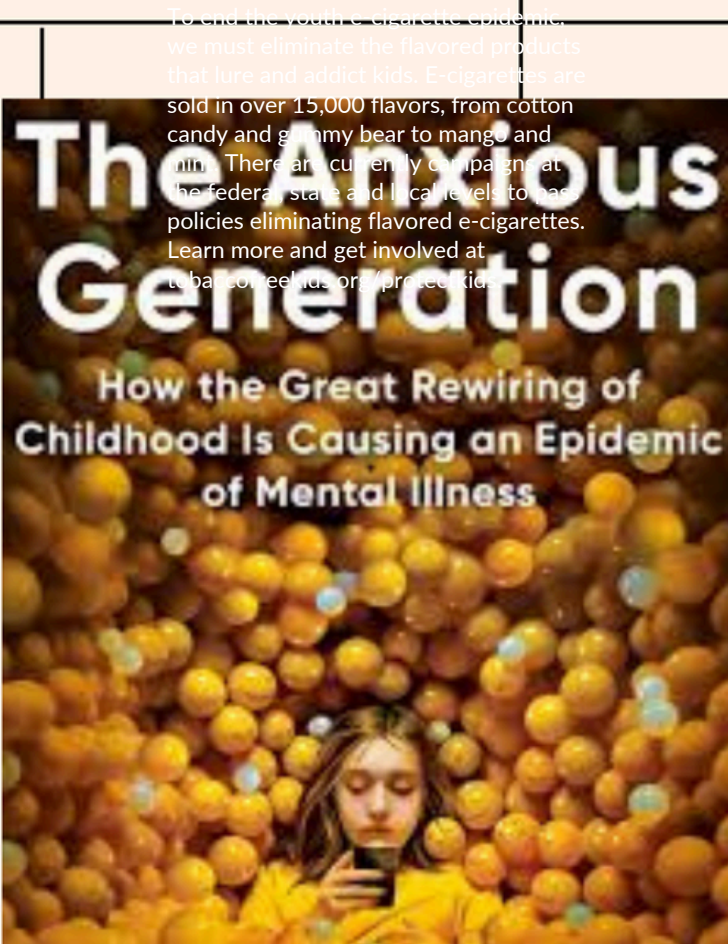
EVENT HIGHLIGHTS:

- Book discussion
- Open dialogue with other parents and youth facing professionals

5/22/25

AT 6:30PM

WOLCOTT PUBLIC LIBRARY



PLEASE REGISTER
IN ADVANCE, SO
WE CAN PREPARE
FOR THE
APPROPRIATE
AMOUNT OF
GUESTS



BOOK IS AVAILABLE IN
MULTIPLE FORMATS AT
THE WOLCOTT PUBLIC
LIBRARY.