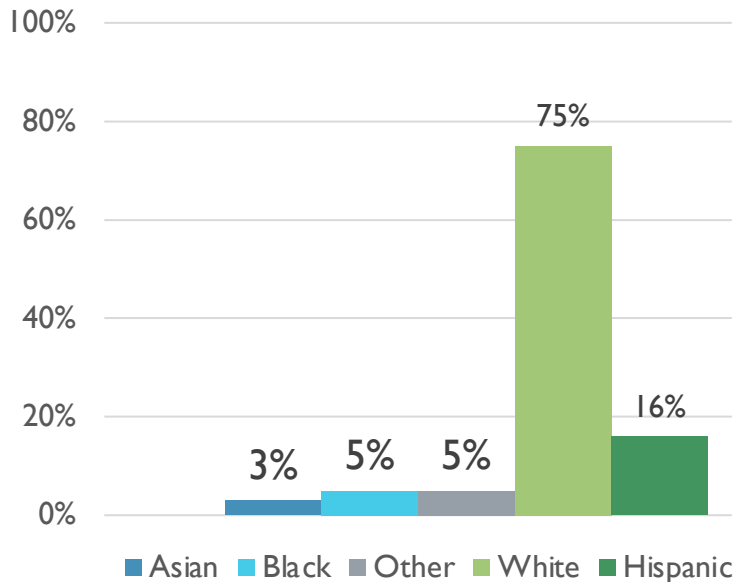


# 2022 Wolcott Youth Voices Count Survey

October 2022  
Grades 7-12

# Demographics, n=846, 85% response rate.

## Race & Ethnicity



## Gender Identity

Male	411 (48.6%)
Female	405 (47.9)
Non-binary Transgender	12 7 (3.5%)
I am not sure right now	11

## Sexual Identity

Heterosexual	655 (77.4%)
Gay or Lesbian	23
Bisexual or Pansexual	83 (19.3%)
I describe myself in some other way	22
I am not sure right now	35
I do not know what this question is asking	26 (3.0%)
Did not identify	2 (0.2%)

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# TOPICS

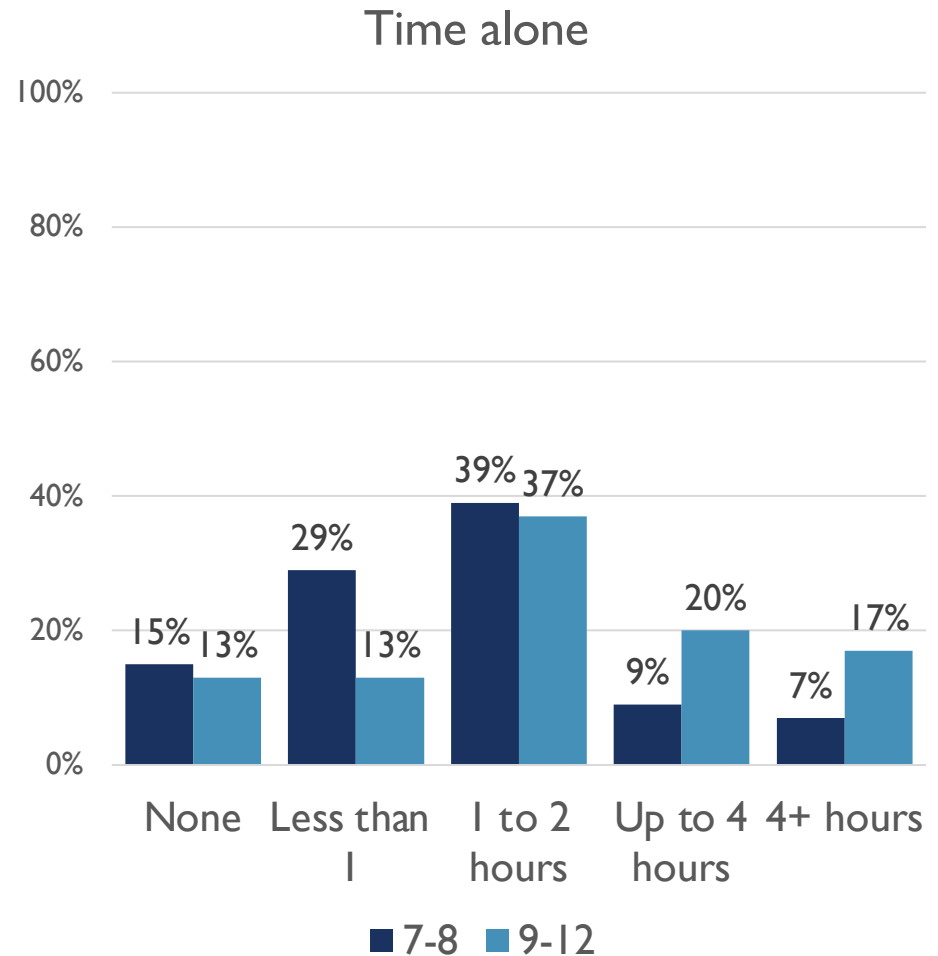
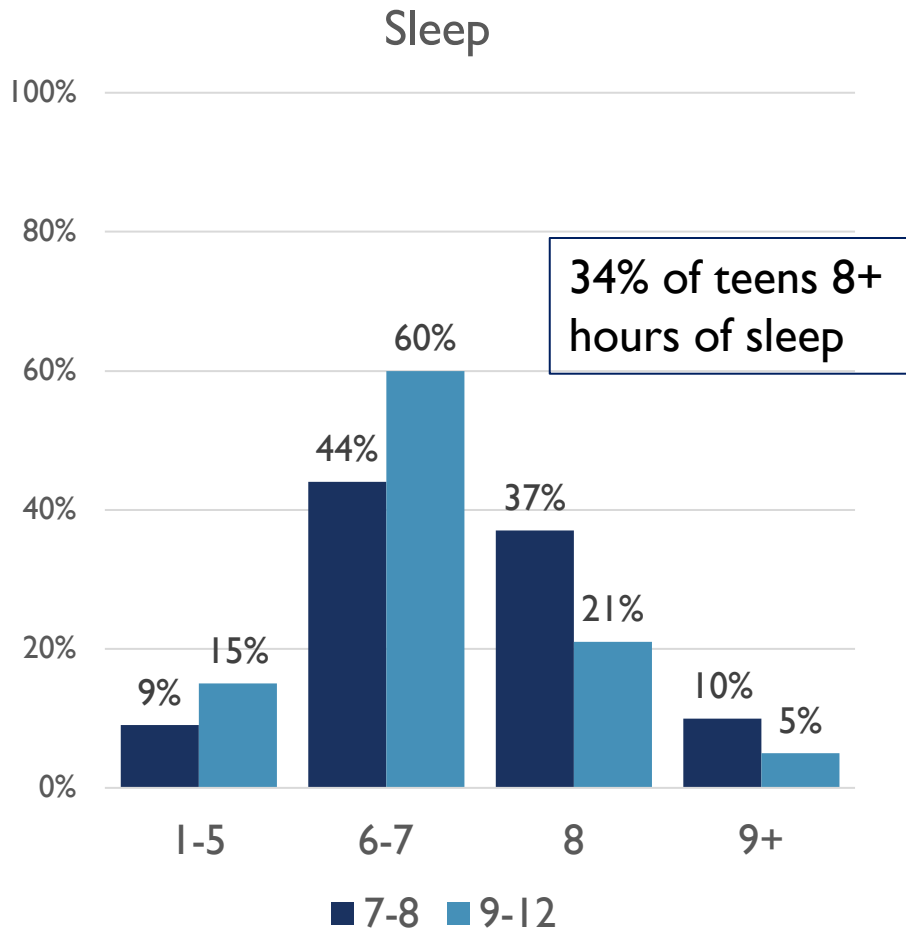
- 
- Individual, Family & Community Support
    - Sleep & Time Alone
    - Trusted adult
    - Feelings of Safety
  - Bullying
  - Gaming & Social Media
  - Sexual behaviors (HS only)
  - Emotional Health
  - Substance use
    - Behaviors
    - Perceptions

Individual, Family &  
Community  
Supports

Protective Factors

# Hour of sleep on weeknights & time alone on weekdays

Grades 7-8, n=306; 9-12, n=540



# The majority of Wolcott teens report having a Trusted Adult & Knowing Where to Get Help

## Trusted adult

- In 2018, 70% of 7-12 graders reported having a trusted adult
- In 2020, 92% of 7-12 graders reported having at least 1 trusted adult
- In 2022, 89% of 7-12 graders reported having at least 1 trusted adult

## Getting help

- In 2022, 88% of 7-12 graders reported knowing where to go get help at school

- High School youth who identified as **transgender, non-binary or unsure & LGBS** were less likely to report having a trusted adult.
- High School youth who identified as **transgender, non-binary or unsure** were less likely to know where to get help.

# Most Wolcott teens report feeling safe in their community and at school.

## Feeling safe

- **90%** of 7-12 graders reported feeling safe in the community
- **89%** of 7-12 graders reported feeling safe at school

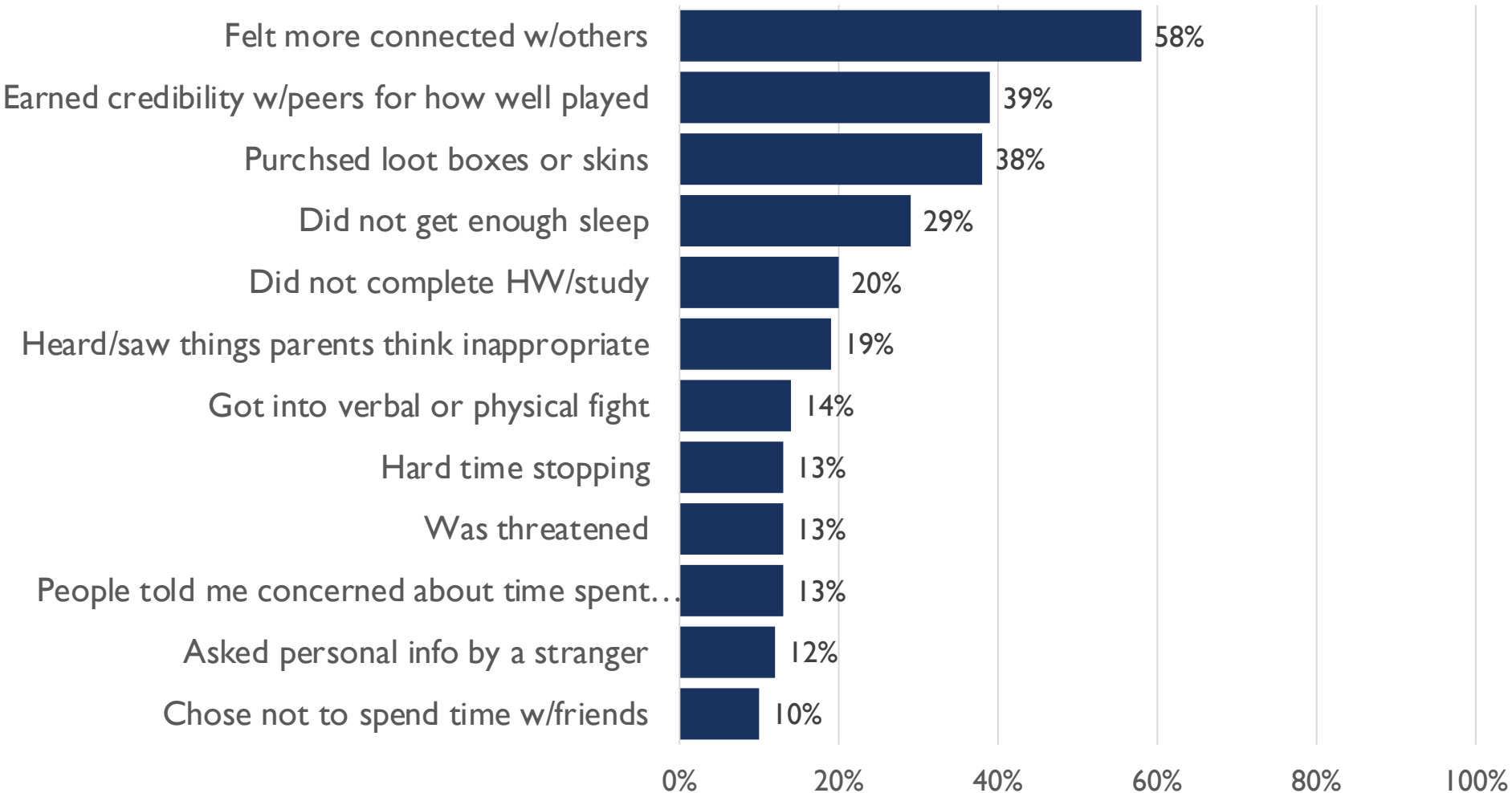
- Middle & High School youth who identified as **LGBS, transgender, non-binary or unsure** were less likely to feel safe in their community.
- High School youth who identified as **LGBS, transgender, non-binary or unsure** were less likely to feel safe at school.
- Middle school **Hispanic** youth are less likely to feel safe at school or in their community than white youth.

Bullying  
Social Media  
Gaming  
Sexual Behaviors



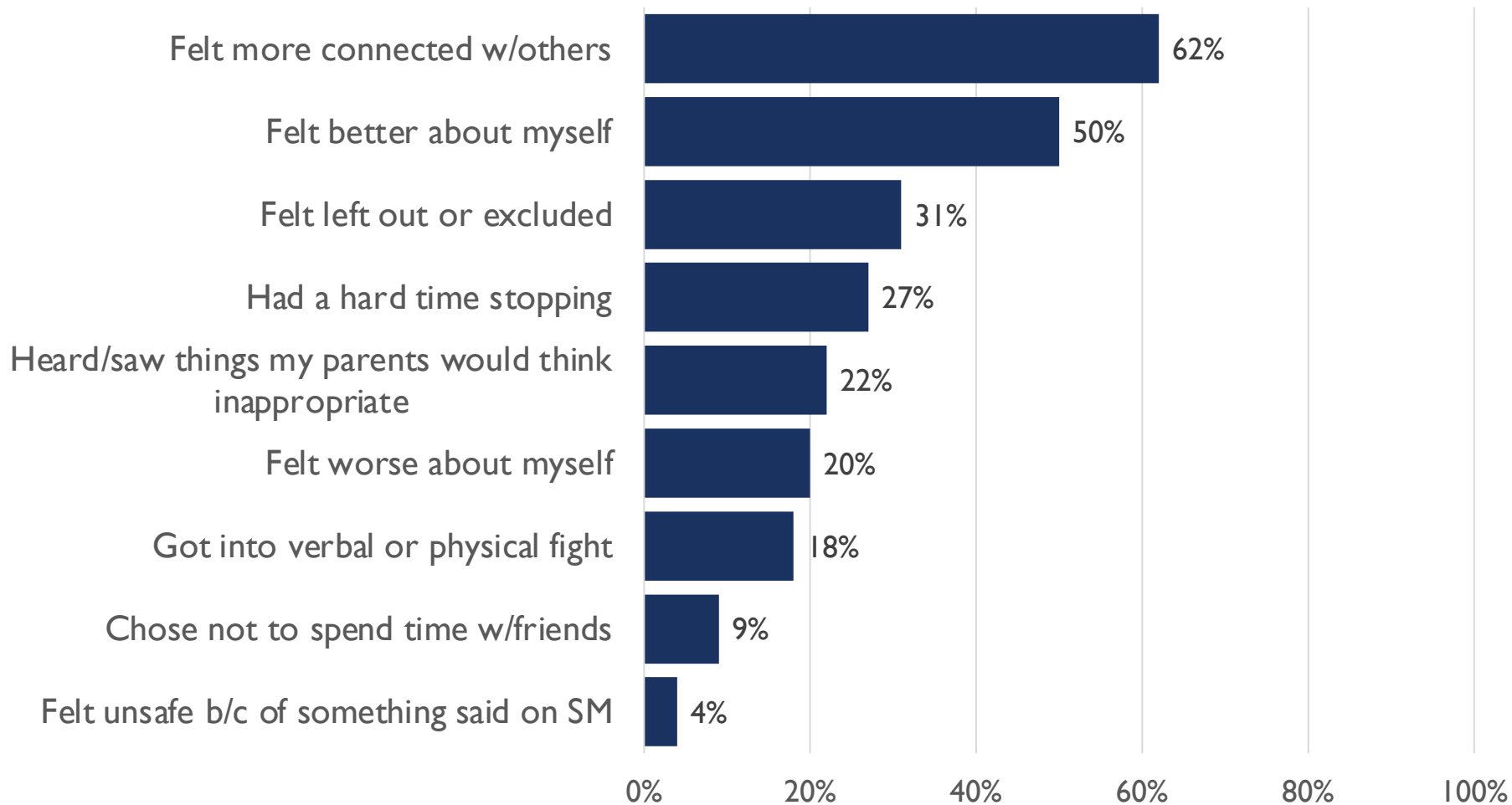
# Perceived gaming assets & consequences

In the past 12 months, have you experienced any of the following as a result of playing video games:



# Perceived social media assets & consequences

In the past 12 months, have you experienced any of the following as a result of social media:



## Bullying

- 49% of all youth reported that they had **NEVER** been bullied
- 43% reported being bullied in their lifetime but not in past 30 days
- 8% reported being bullied in past 30 days

### Types of bullying (n=61):

- 80% - Mean names/comments
- 62% - Left out/excluded
- 54% - Lies/rumors spread
- 16% - Money/things taken
- 15% - Threatened
- 15% - Physically hurt

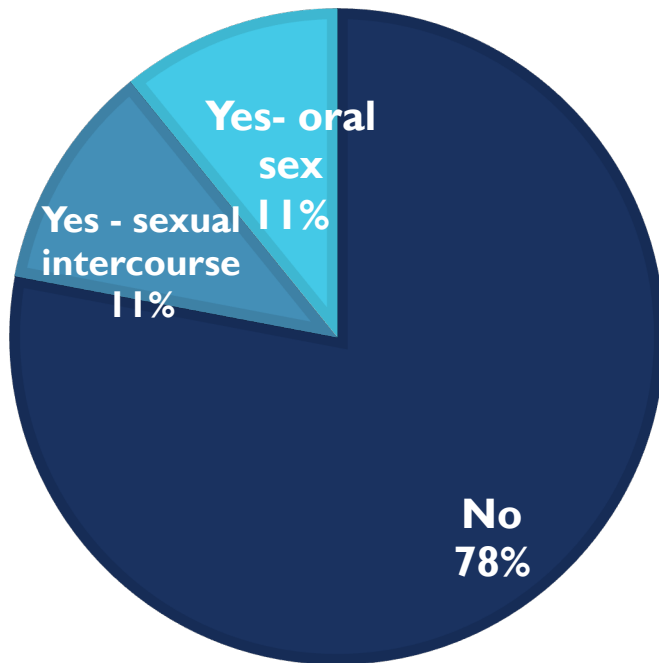
### Locations of bullying (n=58)

- 52% - Online & Classroom
- 48% - Hallways
- 35% - Lunchroom & School Bus
- 21% - After School & Gym
- 12% - On way to school

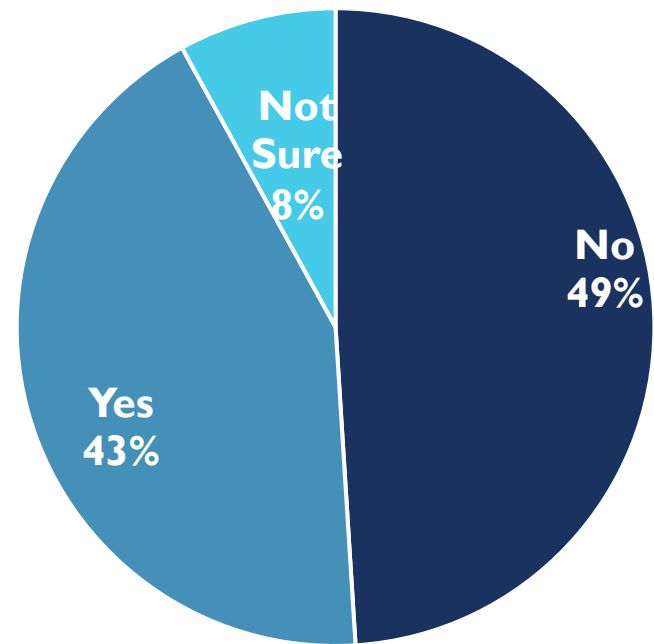
- Middle and high school **females** were more likely to report ever having been bullied than males.
- High school youth who identified as **LGBS, transgender, non-binary, or unsure** were more likely to report ever having been bullied.

# Sexual behaviors – high school only

Lifetime Sexual Activity:

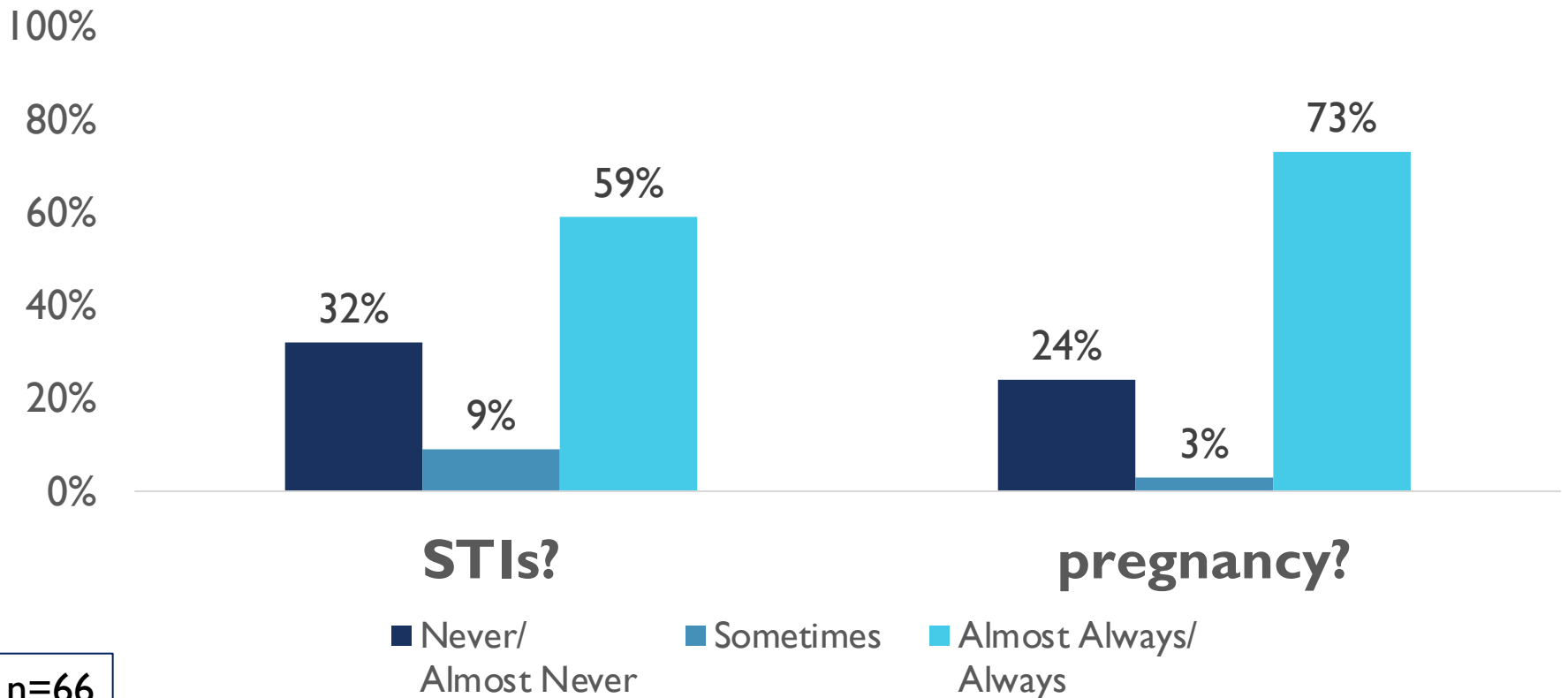


Sex talk with parents:



# STI & Pregnancy Prevention

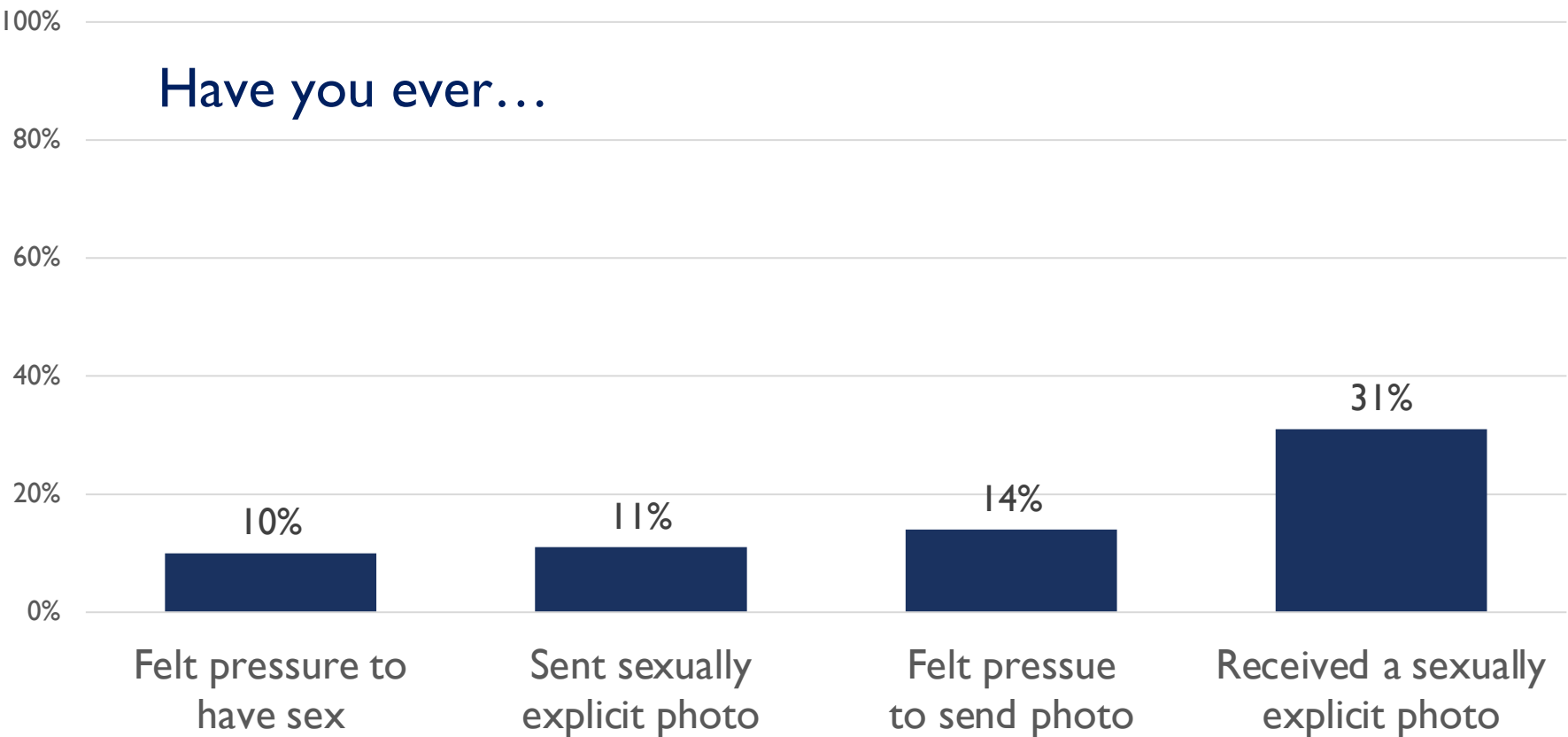
How often do you and your partner use products to prevent...



n=66

# Sexual behavior risk factors

Have you ever...



Grades 9-12, n=540

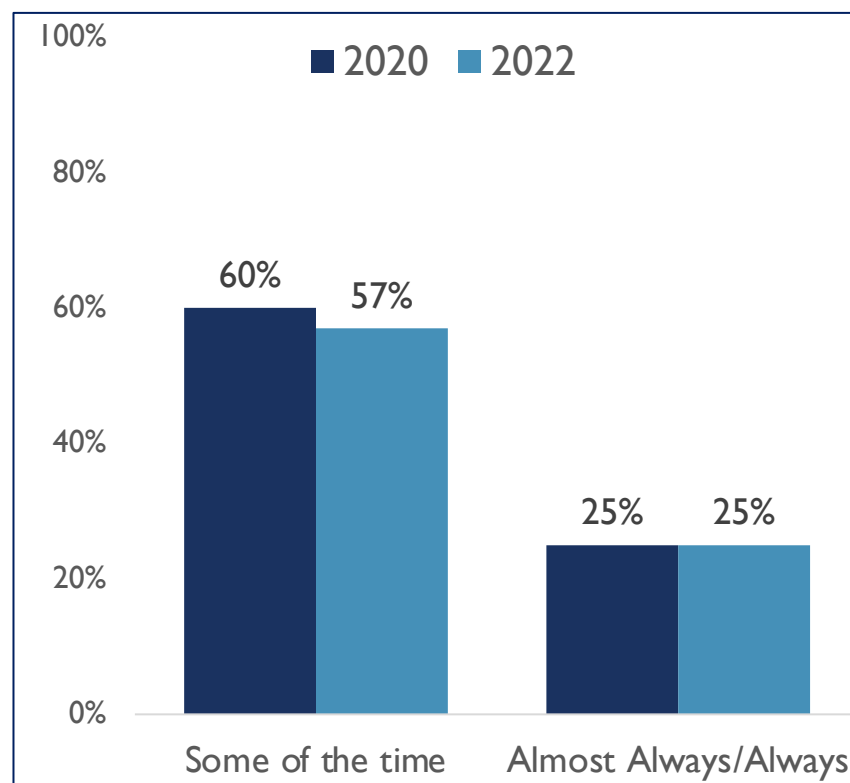
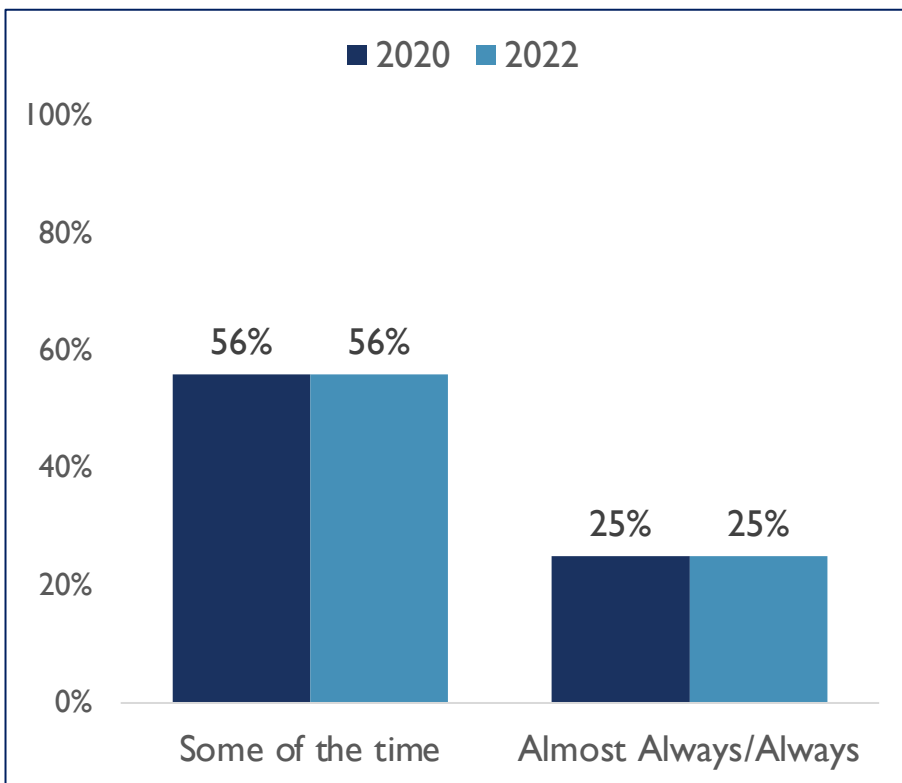


# Emotional & Mental Health

# Anxiety – Frequency and Difficulty

In the past year, have you ever felt very **anxious, nervous, scared, panicked** or like something bad was going to happen?

How frequently do these feelings of anxiety or nervousness **affect or make things difficult for you** in your schoolwork, relationships or other areas in your life?



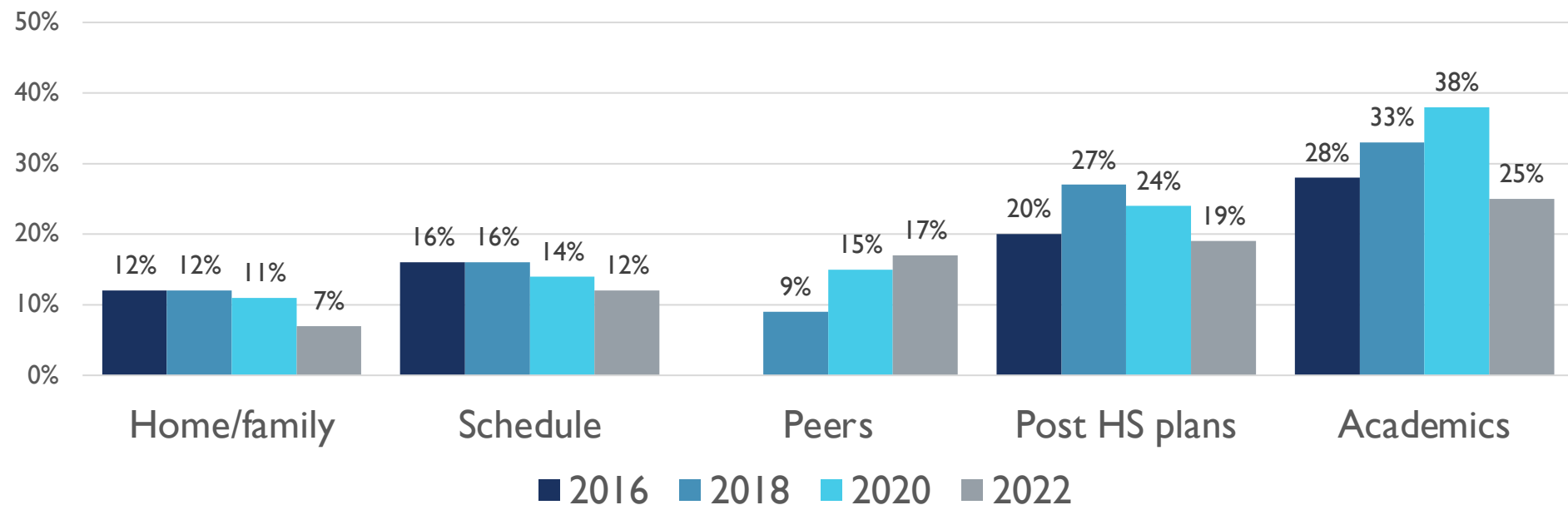
**Females, youth who identify as **LGBS, transgender, non-binary or unsure** are more likely to report past year anxiety and report anxiety is making their life difficult.**



# Rates of perceived stress & worry around academics post HS planning has decreased.

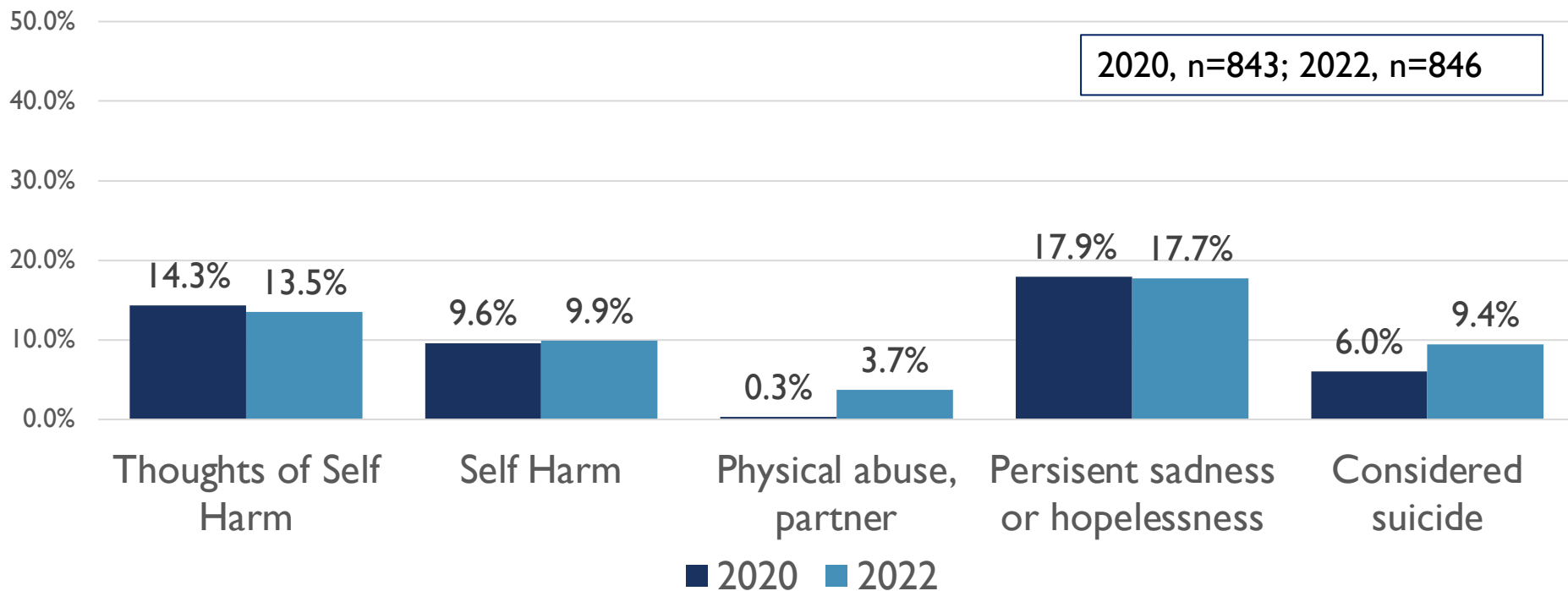
How much stress, anxiety or worry do the following give you in your day-to-day life?

HIGH



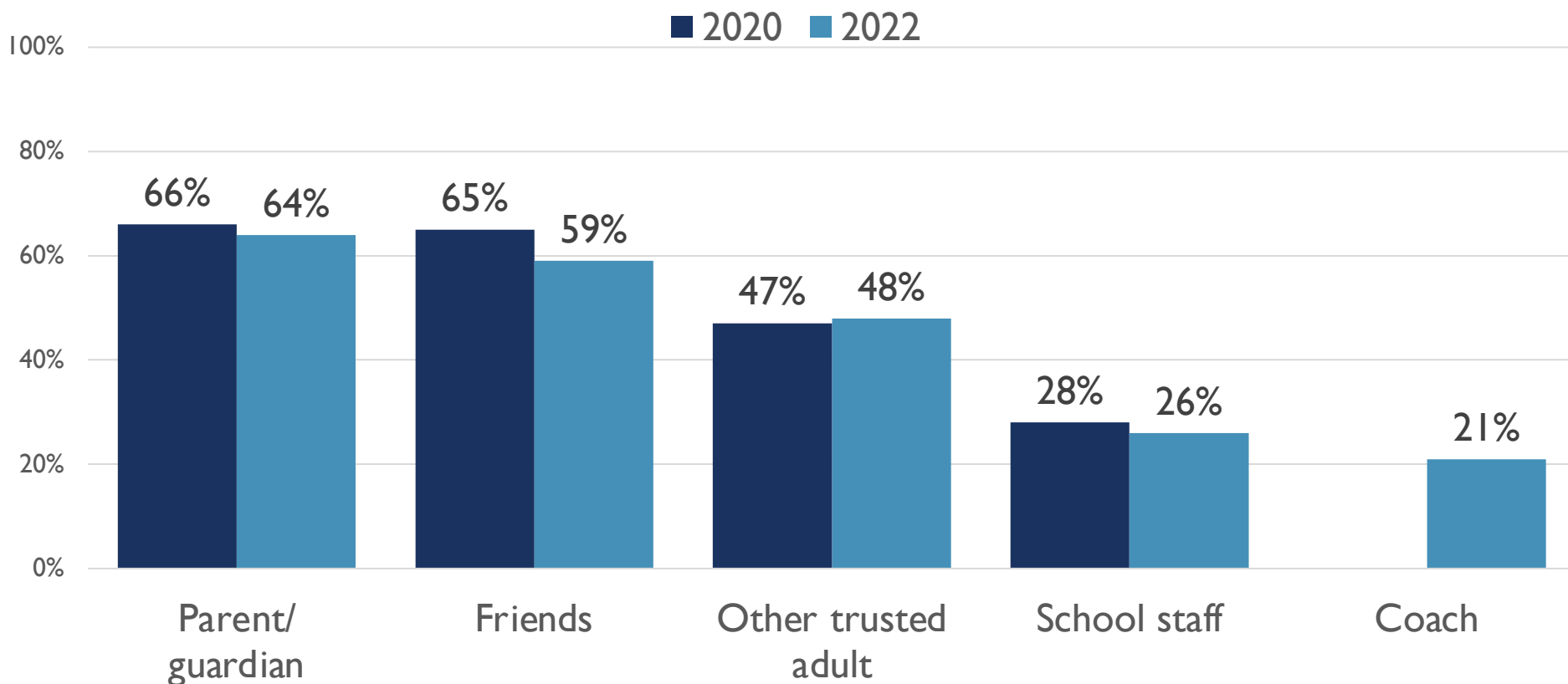
2016, n=962; 2018, n=774; n=2020, n=843; 2022, n=846

# Youth reports on emotional health.



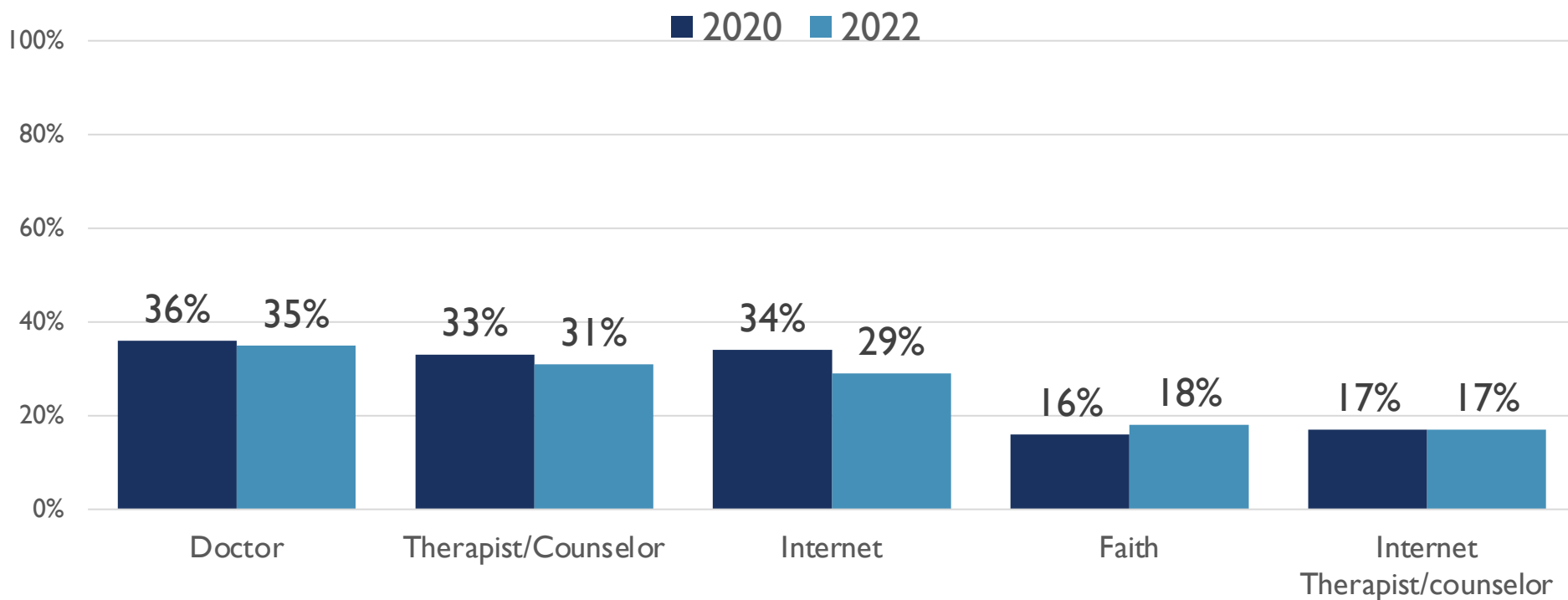
- **Females** more likely than males to report thoughts of self-harm and persistent sadness
- **Hispanic** youth more likely to report persistent sadness than white youth
- **LGBS, transgender, non-binary or unsure** were more likely to report thoughts of self harm, self harm behaviors, persistent sadness, or considered suicide

# Most teens would seek help from their parent or friends if they had a problem in their life.



- High school youth who identified as **transgender, non-binary or unsure** were likes likely to feel comfortable seeking help from a parent/guardian or coach

# Where youth go to get help in the community or internet.




- High school **Black** youth were more likely to report comfort seeking help from a faith or religious leader than white youth.
- High school youth who identify as **LGBS** were less likely to report comfort seeking help from a faith or religious leader.

# CASA Supports Wolcott Youth & Families

- Zen Den in WHS & Tyrrell Middle School
- Casa Cares posts
- Training Opportunities – in schools and the community
- Substance-free activities – (Car show, Movie nights, Yoga, Family Bowling)
- Community events
- Cops, Casa, and Holiday Fun
- RTC (Respect, Trust, and Commitment)- Casa's Youth Leadership Group for high school & middle school
- Youth Gambling Awareness Project PSA
- Stress kits
- Information/resources on mental health, anxiety, etc.





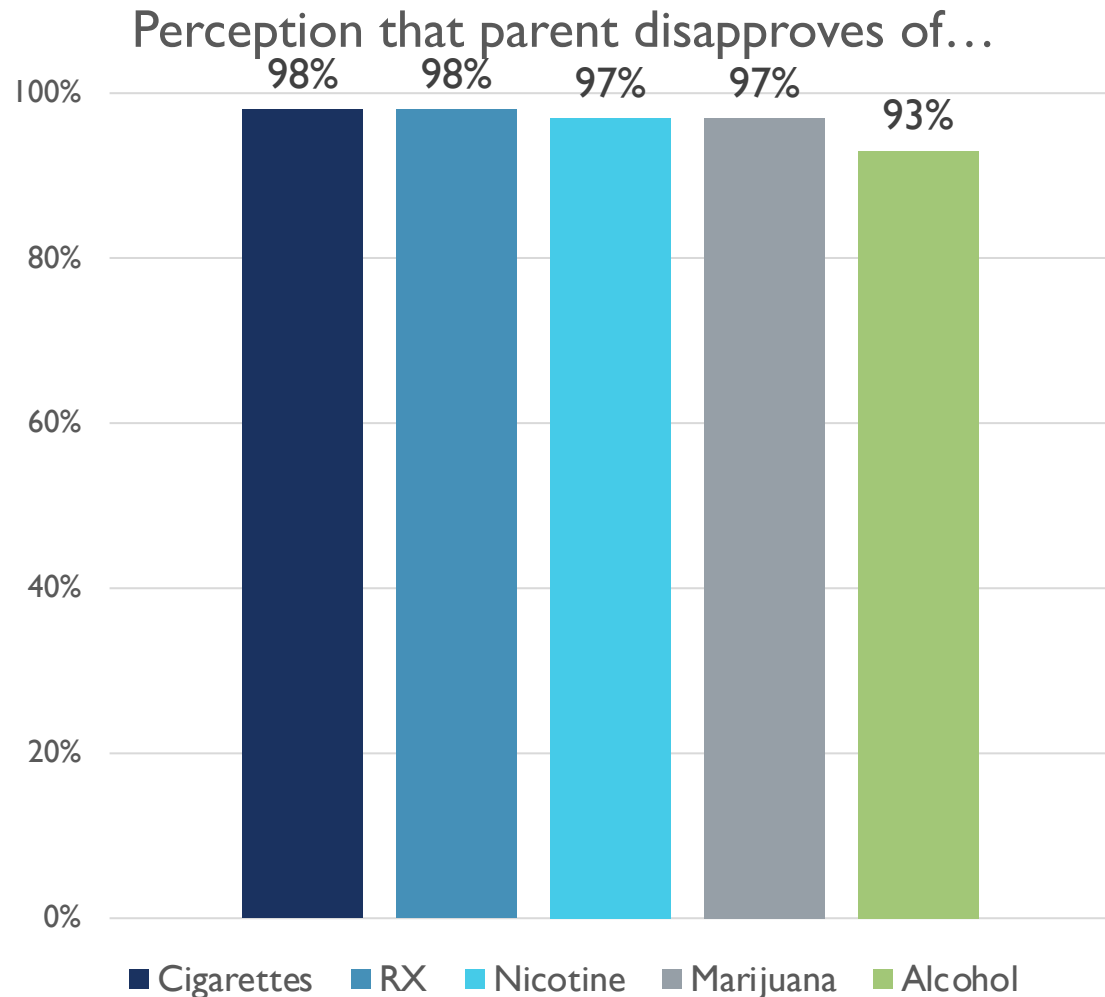
Substance Use-  
Behaviors,  
Perceptions &  
Family Norms

# Youth with perceptions of clear family rules & parent disapproval around substance use is high.

Overall, most youth felt that there were clear family rules that discouraged them from use of:

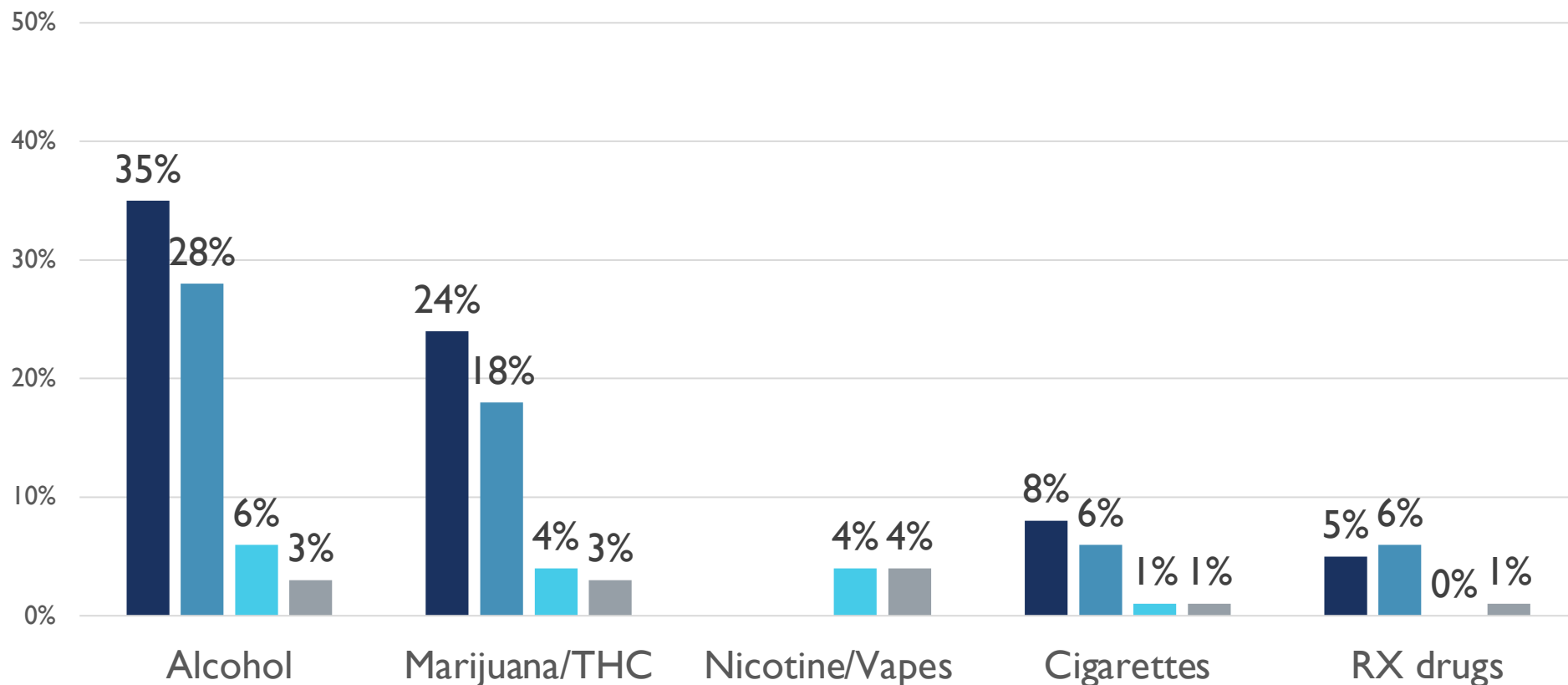
- 74% Alcohol
- 80% Marijuana/THC
- 82% Vaping nicotine
- 83% Cigarettes
- 81% RX drugs

Grades 7-12, n=846



# Recent use rates have decreased significantly since 2016 (High School)

■ 2016 ■ 2018 ■ 2020 ■ 2022



2016, n=581; 2018, n=392; 2020, n=540



# METHODS OF MARIJUANA USE



- If you have used marijuana or THC products in the past year, please select the ways you have most often used it.
- Smoked or inhaled: 66%
- Vaped: 62%
- Eaten edibles: 28%

Youth who have used marijuana in the past 12 months, n=58



## **Risk Factors for Any Substance Use in Youth's Lifetime, Grades 7-12:**

The following list includes youth reported experiences and perceptions that are statistically associated with lifetime use of any substance use. It is important to note association should not be considered causation.

**Wolcott Middle & High School** youth who have used **any substance in their lifetime** are more likely to:

- Spend more time home alone
- Not have a trusted adult they can share thoughts and feelings with or feel safe in their community
- Not complete homework or study due to gaming, be threatened, or have seen or heard in appropriate things due to gaming
- Have seen something inappropriate because of social media
- Have thoughts about self-harm, and have self-harm behaviors
- Have felt sad or hopeless two or more weeks in a row
- Have considered suicide in the past year
- Feel less comfortable seeking help from a parent/guardian.
- Not report clear family rules around gambling.
- Report less parental disapproval for cigarettes, e-cigarettes, marijuana, prescription drugs, and gambling
- Report less peer disapproval for cigarettes, e-cigarettes, alcohol, marijuana, prescription drugs, gambling, and gaming
- Perceive less risk in vaping, marijuana and gaming
- Perceive more peer use of alcohol and marijuana
- Report more ease of access to vape products, tobacco, alcohol, marijuana, and prescription drugs

# CASA Supports Wolcott Youth & Families



- National Drug Facts Week
- Prevention Week – tabling, sticker shocks, PSA contests
- Catch My Breath – Vaping curriculum for 4<sup>th</sup> grade
- Powered-Up Courses
- Scholarship opportunity to WHS seniors
- Tabling during lunch & after school on CASA, mental health & drug awareness
- Presentations in health classes on mindfulness, mental health & drug awareness
- Drug awareness & mental health trivia to 5<sup>th</sup> graders
- Safe drug storage and disposal -disposal bags, lock bags, DEA Drug Take Back Day, Vape Take Back Week
- Information and resources on substance misuse